

My name is Vanda Tomaskova and I have been in the Transitional Supports for Emerging Adults (TSEA) Program for about 9 months from June 11, 2021 to March 9, 2022. My Youth Specialist and I have focused on many goals throughout the program. We worked on effective money management, program assessments, educational maintenance: understanding requirements, organizational skills, study skills, and time management skills, housing stability around housing maintenance, effective knowledge of supports both formal and informal. Something that is beneficial about this program for others my age would be learning life skills for example I learned how to manage my bills more and create a budget, learned how to use a credit card, and I developed better time management skills. I liked the people who worked with me in the program, whenever I needed help achieving goals or I had any questions about anything they helped me out. Yes, I would recommend this program to other young adults especially if they struggle in figuring things out by themselves because the program offers a lot of support. Others would miss out if the program was not to continue receiving funding.

- Wheeler TSEA Graduate